Early Real-Time Estimation of the Basic Reproduction Number of Emerging Infectious Diseases

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When an infectious disease strikes a population, the number of newly reported cases is often the only available information during the early stages of the outbreak. An important goal of early outbreak analysis is to obtain a reliable estimate for the basic reproduction number, \( R_0 \). Over the past few years, infectious disease epidemic processes have gained attention from the physics community. Much of the work to date, however, has focused on the analysis of an epidemic process in which the disease has already spread widely within a population; conversely, very little attention has been paid, in the physics literature or elsewhere, to formulating the initial phase of an outbreak. Careful analysis of this phase is especially important as it could provide policymakers with insight on how to effectively control an epidemic in its initial stages.

We present a novel method, based on the principles of network theory, that enables us to obtain a reliable real-time estimate of the basic reproduction number at an early stage of an outbreak. Our method takes into account the possibility that the infectious period has a wide distribution and that the degree distribution of the underlying contact network is heterogeneous. We validate our analytical framework with numerical simulations.

I. INTRODUCTION

The basic reproduction number, \( R_0 \), is a fundamental characteristic of the spread of an infectious disease. It is generally defined as the expected number of new infections caused by a typical individual during the entire period of his or her infection in a totally susceptible population [1–3]. Because \( R_0 \) is a simple scalar quantity, and perhaps because in many circumstances it determines the expected (average) final size of an outbreak [3–7], it has been widely used to gauge the degree of threat that a specific infectious agent will pose as an outbreak progresses [8–10]. While it is clear that knowing the value of \( R_0 \) can be very useful for policymakers in planning a response, it is not as straightforward to obtain a reliable estimate of \( R_0 \), especially in the early stages of an outbreak, before large-scale, uncontrolled transmission has taken place and before the basic biology and transmission pathways of the pathogen have been characterized.

Early in an outbreak, the pattern of disease spread is predominantly influenced by the probabilistic nature of infection transmission. Consequently, a wide array of outcomes is possible, ranging from the outbreak fizzling out, even in the absence of an intervention, to circumstances where the initial stage expands into a large-scale epidemic. Once a full-blown epidemic develops, several assumptions can be made that simplify the estimation of \( R_0 \), as has been discussed in detail in the literature [1,3,5,8].

In many cases, it is necessary to assess the impact of various intervention strategies before a large-scale epidemic occurs. In doing so, stochastic manifestations of disease transmission, as well as the underlying structure of the contact network, should be taken into account. The first aspect has been widely studied. For example, the Reed-Frost model is a chain-binomial stochastic model where each infected individual can infect susceptible individuals and they are all assumed to have the same contact rate [11–14]. Another example is the methodology developed by Becker [15] and by Ball and Donnelly [16], which is based on a branching process susceptible-infected-recovered (SIR) model. Branching processes have received wide attention because they facilitate the evaluation of the basic reproduction number as well as the final epidemic size and epidemic probability [17]. More recently, the 2003 global outbreak of severe acute respiratory syndrome (SARS) inspired the development of new methodologies based on the daily number of new cases and the distribution of the serial interval between successive infections [18–21]. However, none of these methods take into consideration the influence of the contact network underlying an epidemic.
process. Alternatively, it is assumed that the contact network is a classic random graph.

Several new methods to estimate the basic reproduction number $R_0$ were proposed during or shortly after the 2009 H1N1 influenza pandemic. Notably, Nishiura et al. [22] employed an age-structured model to derive an estimate for $R_0$. Katriel et al. [23] used a new discrete-time stochastic epidemic SIR model that explicitly takes into account the disease’s specific generation-time distribution and the intrinsic demographic stochasticity inherent to the infection process. Balcan et al. [24] employed a method that is based on the distribution of the arrival times of the H1N1 influenza virus in 12 different countries seeded by the Mexico epidemic using $1 \times 10^6$ computationally simulated epidemics. Nishiura et al. [25] also developed a discrete-time stochastic model that accounts for demographic stochasticity and conditional measurement and applied it to estimate the $R_0$ value using the weekly incidence of the H1N1 influenza virus in Japan. Although all of these constitute an important advancement in the literature, none of them simultaneously addresses analytically the stochasticity due to the underlying contact network and the transmission process.

### II. OUTLINE SUMMARY

In the following, we first describe the basic notion of a contact network model. We then define the infection hazard or infectivity function, the removal hazard or removal function, the transmissibility of an infectious agent, and the removal probability. We then derive a stochastic renewal equation that describes the rate of newly infected individuals at any given time $t$ as a function of the number of newly infected individuals up to time $t$. We then show that during the exponential-growth phase of an epidemic (also referred here as the exponential regime), the renewal

<table>
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<td>Degree distribution</td>
<td>$p_k$</td>
<td>Probability that a randomly chosen vertex has degree $k$.</td>
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<td>Average degree</td>
<td>$z_1$</td>
<td>Average degree of vertices in a network calculated by $z_1 = \langle k \rangle$.</td>
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<td>Excess degree</td>
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<tr>
<td>Infection hazard or infectivity function</td>
<td>$\lambda_1(\tau)$</td>
<td>Instantaneous rate of infection. $\lambda_1(\tau)\delta\tau$ gives the probability of disease transmission across an edge between infection age $\tau$ and $\tau + \delta\tau$, given it occurred after age $\tau$.</td>
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<tr>
<td>Removal hazard or removal function</td>
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<td>Probability of disease transmission by infection age $\tau$. It is calculated by $T(\tau) = 1 - \exp[-\int_0^\tau \lambda_1(\tau')d\tau']$.</td>
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<td>Removal distribution</td>
<td>$1 - \Psi(\tau)$</td>
<td>$\Psi(\tau)$ gives the probability of not being removed by age of infection $\tau$. $\Psi(\tau) = 1 - \exp[-\int_0^\tau \lambda_2(\tau')d\tau']$.</td>
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<td>$T$</td>
<td>Probability of disease transmission along one edge, $T = \int_0^\infty \psi(\tau)T(\tau)d\tau$.</td>
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<td>Basic reproduction number</td>
<td>$R_0$</td>
<td>Expected number of infections a typical infected individual can cause in a fully susceptible population, $R_0 = Z_0T$.</td>
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<td>Rate of new infections</td>
<td>$J(t)\delta t$</td>
<td>Fraction of active S-I edges where the disease is actually transmitted exactly at time $t$.</td>
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<tr>
<td>Number of infectious individuals</td>
<td>$I(t)$</td>
<td>Total number of infectious individuals at time $t$, $I = \int_0^t J(t)\psi(\tau)d\tau$.</td>
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<tr>
<td>Number of removed individuals</td>
<td>$R(t)$</td>
<td>Total number of removed individuals at time $t$, $R(t) = \int_0^t J(t)\delta\tau[1 - \Psi(\tau,d\tau)\delta\tau$.</td>
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<td>Transmissibility of removed individuals</td>
<td>$\chi(\tau)$</td>
<td>$\chi(\tau)\delta\tau$ gives the expected number of new infections produced by an infectious individual between ages of infection $\tau$ and $\tau + \delta\tau$.</td>
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<tr>
<td>Generation-interval distribution</td>
<td>$\tilde{J}(\tau)$</td>
<td>$\tilde{J}(\tau)\delta\tau$ gives the conditional probability that given an infection, it occurred between ages of infection $\tau$ and $\tau + \delta\tau$.</td>
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equation reduces to the well-known Wallinga-Lipsitch equation for $R_0$ [26]. In this case, we also obtain an equation that expresses the generation-interval distribution in terms of the transmissibility and the removal distribution function. We next define the basic reproduction number for removed individuals and write two independent equations for this quantity. Equating these two equations acts as a constraint that allows us to estimate one unknown model parameter, either a disease or a network structure parameter. We then derive an algorithm to estimate one unknown model parameter based on this constraint and the number of newly infected individuals up to time $t$, and show how we can estimate $R_0$ with this algorithm. We finally present numerical examples of the methodology, which show its accuracy in estimating $R_0$ for different contact networks and disease parameters.

We summarize a list of the main parameters introduced in this paper and their definitions in Table I.

III. NETWORK BASIS

This section briefly introduces the idea of contact-network epidemiology and defines the key concepts of infection rate, removal rate, transmissibility, and removal-probability density. We map a collection of $N$ individuals to a network where each vertex represents an individual and each edge shows a pathway of possible infection transmission between two individuals. We use $k$ to denote the degree of a given individual (the number of contacts that he or she has) represented graphically by the number of edges emanating from a vertex, and we use $p_k$ to denote the degree distribution [the probability that a randomly chosen vertex has degree $k$ ($k$ contacts)]. Several important quantities can be derived once a network’s degree distribution is known. The moments of the degree distribution are $\langle k^n \rangle = \sum_{k=0}^{\infty} k^n p_k$. For $n = 1$, $\langle k \rangle$ is the average number of nearest neighbors of a randomly chosen individual, which we denote $z_1$. The average number of second nearest neighbors of a randomly selected individual, $z_2$, can be expressed as $\langle k^2 \rangle - \langle k \rangle$ [27]. To estimate $R_0$, we count the number of edges along which an individual can infect others, once that individual has become infected. This quantity, usually termed excess degree, represents the number of edges emanating from a vertex (individual), excluding the edge that was the source of the infection. One can show that the average excess degree ($Z_0$) is given by the ratio $\frac{z_2}{z_1}$ [28].

We denote the time at which an individual acquires the infection by $t_i$, and the time since acquiring infection by $\tau = t - t_i$ (which is also known as the age of infection). While harboring the infection, the individual is first latent (infected but not yet infectious) and then infectious (either symptomatically or asymptotically). The individual may also recover, by which we mean only that he or she can no longer transmit the infection, not that he or she has necessarily completely cleared the pathogen. For some diseases, after a temporary recovery, the person may become infectious again. Knowing that an individual acquires infection at a given time $t_i$, various states of infectiousness for this individual can be encapsulated within the infection hazard or infectivity function, $\lambda_i(\tau)$. The infectivity function measures the instantaneous risk of disease transmission across an edge. This implies that for small $\delta\tau$, the conditional probability that infection occurs across an edge between times $\tau$ and $\tau + \delta\tau$, given that it did not occur by time $\tau$, can be approximated by $\lambda_i(\tau)\delta\tau$. Typically, $\lambda_i(\tau)$ is initially zero during the latent period; it increases to a certain level and then declines during the infectious period, before finally vanishing and returning to zero at the time of permanent recovery. Figure 1 shows four hypothetical infectivity functions, the first of which is the typical case. In practice, the functional form of $\lambda_i(\tau)$ should be estimated from the actual transmission profile corresponding to a specific disease. Note that the only technical restriction on $\lambda_i(\tau)$ is that it must be a non-negative integrable function.

Given the infectivity function, one can evaluate the probability that an individual transmits the disease to one of his or her contacts during a specific time period. Let $T(\tau)$ denote the probability of disease transmission along one edge for an individual with infection age $\tau$. Then $T(\tau)$ satisfies [27, 29]

$$T(\tau) = 1 - \exp \left( - \int_{0}^{\tau} \lambda_i(\tau') d\tau' \right). \tag{1}$$

In general, the time to removal varies from one individual to another and there is no a priori knowledge of the exact value of this quantity for each individual. Therefore we must account for its variability as well. Let $\lambda_r(\tau)$ denote the removal hazard or removal function, i.e., the instantaneous rate of removal for an individual with infection age $\tau$. This implies that for small $\delta\tau$, the conditional probability that an individual is removed between times $\tau$ and $\tau + \delta\tau$, given that he or she is not removed by time $\tau$, can be approximated by $\lambda_r(\tau)\delta\tau$. The removal function indicates how quickly the infectious individuals are removed from disease dynamics as a function of the duration of their infection. This can be related to death or various interventions such as hospitalization or quarantine, reduction of social activity due to severity of illness, and behavior change. Let $\Psi(\tau)$ denote the probability that an individual has a time to removal which is greater than or equal to $\tau$. Then [29]

$$\Psi(\tau) = \exp \left( - \int_{0}^{\tau} \lambda_r(\tau') d\tau' \right). \tag{2}$$

subject to the condition $\Psi(\infty) = 0$. The removal probability density function is given by $\psi(\tau) = -\frac{d\Psi(\tau)}{d\tau} = \int_{\tau}^{\infty} \psi(\tau') d\tau'$. Using Eq. (1) and $\psi(\tau)$ [or $\Psi(\tau)$] one can calculate the expected transmissibility, i.e., the probability of disease transmission, across a given edge:
The basic reproduction number, which represents the average number of infections caused by a typical infected individual in a fully susceptible population, can be written as the product of the expected excess degree and the expected transmissibility [27]

\[ R_0 = Z \tau T. \] (4)

IV. DISEASE DYNAMICS ON NETWORKS

In this section, we present some examples of the spread of an infectious agent on a contact network. The pattern of disease spread on a network can be categorized into three different regimes: stochastic, exponential, and declining. The process of disease spread is stochastic in nature, given that the disease transmission along an edge occurs in a probabilistic manner and that the degree of the next infected individual cannot be determined \textit{a priori}. The stochastic behavior is dominant in the initial stage of disease spread when the number of infectious individuals is comparatively small (stochastic regime). The effect of stochasticity becomes much less pronounced when the number of newly infected individuals becomes significant, and stochastic fluctuations are smoothed out (exponential regime). The progression of disease spread starts to decline as the cumulative number of infected cases becomes comparable to the size of the network, at which point network finite-size effects become important (declining regime) [28].

From now on, we use the tilde notation to make the distinction between the realization of a stochastic process (with tilde) and its mean field value (without tilde). We define \( \tilde{j}(t) \) as the time series of infection events, which is a sum of the Dirac functions located at each infection time. The case count \( \tilde{C}(t; \Delta t) \) that gives the number of infections between times \( t \) and \( t + \Delta t \) can be expressed as \( \tilde{C}(t; \Delta t) = \int_t^{t+\Delta t} \tilde{j}(t')dt' \). We define \( \tilde{J}(t) = \tilde{C}(t, \Delta t)/\Delta t \) as the incidence rate of new infections at time \( t \), where \( \Delta t \) is the maximum time resolution. In the exponential regime, the incidence rate of new infections grows exponentially and therefore can be expressed as

\[ \tilde{J}(t) \approx J_0 \exp(\alpha t), \] (5)

for some \( \alpha > 0 \). Figure 2 represents the three regimes, \( \tilde{J} \) in terms of time \( t \).

A. Stochastic dynamics of disease

In this section, we outline a general framework to estimate the basic reproduction number assuming that all
information about a specific realization of the epidemic process up to time \( t \) is known. We start by first deriving a renewal equation for the rate of new infections, \( \tilde{J}(t) \).

1. A renewal equation for \( \tilde{J}(t) \)

Let us consider the first person in the population infected with the disease and assume that his or her infection occurred at time 0. From Eq. (3), we can infer that the expected number of infections that this individual will cause by time \( t \) is given by

\[
Z_x \int_0^t \Psi(\tau) \frac{dT(\tau)}{d\tau} d\tau \quad (6)
\]

(assuming that his or her excess degree is equal to the average excess degree). This leads in the limit \( t \to \infty \) to the usual value of \( R_0 = Z_x T \). The above expression also implies that the mean contribution of this individual to the incidence rate of new infections at his or her infection age \( \tau \) is given by

\[
Z_x \Psi(\tau) \frac{dT(\tau)}{d\tau} . \quad (7)
\]

The above equations can be readily generalized to address the random process of infection spread on a contact network. In particular, one can compute the contribution of the individuals infected at time \( t - \tau \), \( \tilde{J}(t - \tau) \delta t \), to the number of new infections occurring in the initial stage of an outbreak at time \( t \), \( \tilde{J}(t) \delta t \), namely,

\[
\tilde{J}(t) \delta t = Z_x \int_0^t \tilde{J}(t - \tau) \delta t \Psi(\tau) \tilde{\Theta}(\tau, t) d\tau , \quad (8)
\]

where \( \tilde{\Theta}(\tau, t) \) denotes the fraction of those edges where disease is actually transmitted exactly at time \( t \). This is a random function with the expectation given by \( \frac{dT(\tau)}{d\tau} \). Note that \( Z_x \) and \( \Psi(\tau) \) are both functions of \( t \) in the most general case. Expression (8) is a generalization of the classical Lotka renewal equation for population growth [30,31]; here it is applied to epidemic dynamics when taking into account the structure of the underlying contact network and the stochasticity inherent to the transmission process.

2. Exponential regime and the generation-interval distribution

The importance of Eq. (8) is in its applicability to the early stage of an outbreak. When advancing to the next stage, i.e., the exponential regime, the evaluation of (8) can be simplified. Indeed, an estimation of \( R_0 \) in the exponential regime has been well studied, analytically. An excellent account for this analytical framework is presented by Wallinga and Lipsitch [26]. In this section, we show how, as a special case, our general framework can reduce to their finding in the exponential-regime limit. During the exponential regime we can ignore stochastic fluctuations and replace all quantities with their expected values. In particular, if we ignore stochastic effects we can rewrite the renewal equation (8) as

\[
J(t) = Z_x \int_0^t J(t - \tau) \Psi(\tau) \frac{dT(\tau)}{d\tau} d\tau , \quad (9)
\]

where we used \( \tilde{\Theta}(\tau, t) = \frac{dT(\tau)}{d\tau} \).

Let \( \chi(\tau) = Z_x \Psi(\tau) \frac{dT(\tau)}{d\tau} \). Equation (9) then takes the simpler form

\[
J(t) = \int_0^t J(t - \tau) \chi(\tau) d\tau , \quad (10)
\]

which is the well-known Lotka renewal equation [30,31].

From the definitions of \( \chi(\tau) \), the expected transmissibility [Eq. (3)] and the basic reproduction number [Eq. (4)], we can see that \( \int_0^\infty \chi(\tau) d\tau = R_0 \). Substituting \( J(t) = \exp(-\alpha t) \) in Eq. (10) and taking the limit when \( t \to \infty \) we obtain

FIG. 2. Two hypothetical realizations of an epidemic process on a network. The left, middle, and right sections represent stochastic, exponential, and declining regimes, respectively.
1 = \int_0^\infty \exp(-\alpha \tau) \chi(\tau) d\tau. \quad (11)

It is worth mentioning that the exact exponential regime can be reached when \( t \to \infty \) for an infinite-size network and that is why it is valid to take the limit. This means that there should be a slight deviation from the exponential behavior for a “finite-size” system at “finite time” once the outbreak has surpassed the stochastic regime. Dividing both sides of Eq. (11) by \( R_0 \) we find that [26]

\[
\frac{1}{R_0} = \int_0^\infty \exp(-\alpha \tau) \tilde{\chi}(\tau) d\tau, \quad (12)
\]

where \( \tilde{\chi}(\tau) = \chi(\tau)/R_0 \) is defined as the generation-interval distribution. This equation relates the basic reproduction number to the Laplace transform of the generation-interval distribution in the asymptotic case (infinite size, infinite number). This equation relates the value of \( R_0 \) to the rate of growth during the exponential phase of an epidemic (\( \alpha \)), the infection rate (\( \lambda_i \)), and the removal rate (\( \lambda_r \)). Notice that, in contrast to the results obtained from a deterministic SIR model, where the mean generation interval is equal to the mean duration of infection [26], here we find that the mean generation interval also depends on the infection rate.

**3. The generation-interval distribution for constant parameters**

Equation (11) has a simpler form for constants \( \lambda_r \) and \( \lambda_i \). This can be obtained by replacing \( \psi(\tau) = \lambda_r \exp(-\lambda_r \tau) \) and \( T(\tau) = 1 - \exp(-\lambda_i \tau) \) in Eq. (11):

\[
1 = Z_x \lambda_i \int_0^\infty \exp(-\tau \lambda_r) \exp(-\alpha \tau) \exp(-\lambda_i \tau) d\tau \quad (14)
\]

\[
= Z_x \frac{\lambda_i}{\lambda_i + \lambda_r + \alpha}, \quad (15)
\]

or

\[
\alpha = (Z_x - 1)\lambda_i - \lambda_r. \quad (16)
\]

Therefore, we can express the rate of exponential growth of an epidemic in terms of the mean excess degree (\( Z_x \)), the infectivity (\( \lambda_i \)), and the removal (\( \lambda_r \)) rates.

Furthermore, we can also explicitly compute the generation-interval distribution [Eq. (13)]

\[
\tilde{\chi}(\tau) = (\lambda_i + \lambda_r)e^{-(\lambda_i + \lambda_r)\tau}. \quad (17)
\]

For constant parameters, the generation interval is an exponential random variable with mean \( 1/(\lambda_i + \lambda_r) \). Using this fact and Eq. (12) we obtain the following expression for \( R_0 \):

\[
R_0 = \frac{\lambda_i + \lambda_r + \alpha}{\lambda_i + \lambda_r} = 1 + \frac{\alpha}{\lambda_i + \lambda_r}. \quad (18)
\]

This equation relates the value of \( R_0 \) to the rate of growth during the exponential phase of an epidemic (\( \alpha \)), the infection rate (\( \lambda_i \)), and the removal rate (\( \lambda_r \)). Notice that, in contrast to the results obtained from a deterministic SIR model, where the mean generation interval is equal to the mean duration of infection [26], here we find that the mean generation interval also depends on the infection rate.

Figure 3 shows two examples of logarithms (base \( e \)) of the epidemic curves (\( \ln(J(t)) \)) in the three regimes for a binomial (left panel) and exponential network (right panel). The algorithm used to simulate the spread of an infectious agent on a contact network is described in the

FIG. 3. The logarithm (base \( e \)) of the rate of new infections \( \ln(J(t)) \) for a binomial network with \( z_i = 5 \) (left panel) and for an exponential network with \( \kappa = 4 \) (right panel), with \( \lambda_i = 0.12771 \) and \( \lambda_r = 0.25 \). Two independent epidemic realizations are shown in each panel (green and blue). The solid red line shows the tangent of \( \ln(J(t)) \) in the exponential regime.
Appendix. The left panel of Fig. 3 shows two epidemic events unfolding (two different initial index cases) on a binomial network $p_k = \binom{N}{k} p^k (1-p)^{N-k}$ with $N=100000$ nodes, $z_1 = 5$ [or $p = z_1/(N-1)$], $Z_x = 5$, and $\{\lambda_i = 0.12771, \lambda_r = 0.25\}$. Using Eq. (3), the expected transmissibility can be calculated as $T = 0.338$. The two solid lines $y_1, y_2 = \alpha t + \text{const}$ with $\alpha = 0.256084$ are the tangent of $\ln \tilde{J}(t)$ during the exponential regime [Eq. (16)]. This shows the consistency between the simulated epidemic curve and its expected (exponential-growth) behavior. In the right panel, we show the same results for an exponential network with $p_k = (1-e^{-1/\kappa}) e^{-k/\kappa}$, $\kappa = 4$, $z_1 = 3.52$, $Z_x = 7.0416$, and $\{\lambda_i = 0.12771, \lambda_r = 0.25\}$. The lines $y_1, y_2 = \alpha t + \text{const}$ with $\alpha = 0.52158$ are again the tangent of $\ln \tilde{J}(t)$ during the exponential regime. Notice that, although here we know the “true” value of $\alpha$, in practice it can be estimated from real-life time series data if the outbreak progresses beyond the stochastic regime.

4. The number of infected and removed individuals at time $t$

Using the quantities introduced in the previous sections, we now derive other expressions that will be helpful in estimating the basic reproduction number, $R_0$. As an outbreak progresses, at any given time there is a population of infectious individuals, $\tilde{I}(t)$, and a population of removed individuals, $\tilde{R}(t)$. The number of affected individuals—the total number of infected individuals at time $t$ and those who are recovered or removed by time $t$—is given by

$$\tilde{I}(t) + \tilde{R}(t) = N - \tilde{S}(t) = \int_0^t \tilde{J}(t-\tau)d\tau, \quad (19)$$

where $\tilde{S}(t)$ denotes the number of susceptible individuals at time $t$. As illustrated in Fig. 4, the total number of infected cases can be written as

$$\tilde{I}(t) = \int_0^t \tilde{J}(\tau, t)d\tau = \int_0^t \tilde{J}(t-\tau)\Psi(\tau)d\tau, \quad (20)$$

which, in turn, implies that

$$\tilde{R}(t) = \int_0^t \tilde{J}(\tau, t)d\tau = \int_0^t \tilde{J}(t-\tau)[1 - \Psi(\tau)]d\tau, \quad (21)$$

where $\tilde{J}(\tau, t) = \tilde{J}(t-\tau)\Psi(\tau)$ and $\tilde{J}'(\tau, t) = \tilde{J}(t-\tau)\times [1 - \Psi(\tau)]$.

Figure 5 shows the number of infectious (left panel) and removed (right panel) individuals for a disease that spreads either on a binomial or an exponential network. In both panels, the curves consisting of red symbols correspond to the computer simulation of an epidemic on the corresponding network; during the simulation, the new case counts are recorded to create a synthetic “time series” for $\tilde{J}(t)$. The solid curves correspond to Eqs. (20) or (21) [for $\tilde{I}(t)$ or $\tilde{R}(t)$] for the corresponding network. These figures show a perfect agreement for both networks between the analytical formulas and the case counts from the simulation.

B. The transmissibility of removed individuals

Our methodology to estimate $R_0$ is based on a detailed analysis of the characteristics of removed individuals. This is because the history of removed individuals contains all the information about the mechanisms of disease transmission and recovery process. In particular, the period of infection of these individuals can help us estimate the distribution of removal times. Furthermore, since removed individuals have already had the opportunity to transmit the disease, the fraction of the contacts that they actually infected contains a lot of information about the transmissibility of disease. In an ideal world, a full characterization of the infection history of each removed individual would be enough to estimate $R_0$. However, in reality, it is extremely difficult to know which infected individuals have already been removed and what fraction of their potential infections actually occurred. Therefore, we instead derive theoretical expressions that can help us estimate some of these quantities.

First, we write an expression for the total number of secondary contacts of those individuals already removed by time $t$. Using ideas similar to those above, the total excess degree of removed individuals can be written as

$$\tilde{Z}'(t) = Z_z \int_0^t \tilde{J}(t-\tau)[1 - \Psi(\tau)]d\tau. \quad (22)$$

Here, $\tilde{Z}'(t)$ represents the total number of edges of already removed individuals that could have transmitted the infection by time $t$. However, only a fraction of these
links actually transmitted the disease successfully. This latter fraction is given by $I'(t) + R'(t)$, where $I'(t)$ and $R'(t)$ represent, respectively, the number of infectious and removed individuals at time $t$ whose predecessor has already been removed. The ratio of these two quantities represents the fraction of potential transmissions that actually occurred, which we shall refer to as the expected transmissibility of removed individuals $\tilde{T}'(t)$:

$$\tilde{T}'(t) = \frac{I'(t) + R'(t)}{Z_x(t)}.$$  \hspace{5cm} (23)

Estimates for the expected values for these quantities can, in principle, be calculated based on the rate of new infections, $J(t)$, using arguments similar to those above. These expressions are derived in the next section. Equations (11) and (23) form a set of equations that allows the stochastic effects in the disease-transmission process to be calculated as [see Eq. (3)]

$$\tilde{T}'(t) = \int_0^t \tilde{\psi}(\tau, t) \tilde{T}(\tau, t) d\tau,$$ \hspace{5cm} (25)

where $\tilde{T}(\tau, t)$ is an extension of $T(\tau)$ that takes into account the excess degree of removed individuals and an equation for $\tilde{R}_0$

The total excess degree of removed individuals [given in Eq. (22)] takes the simpler form:

$$\mathcal{Z}_x(t) = Z_x \tilde{R}(t).$$ \hspace{5cm} (26)

Combining the last equation with Eq. (23) one obtains

$$\tilde{T}'(t)Z_x = \frac{I'(t) + R'(t)}{\tilde{R}(t)}.$$ \hspace{5cm} (27)

We define the right-hand side of the previous equation as the reproduction number of the removed individuals $\tilde{R}_0(t)$, i.e.,
Using Eqs. (27) and (28), we can write a time-dependent estimator of the basic reproduction number, \( \hat{R}_0 = Z_\alpha T \):

\[
\hat{R}_0(t) = \frac{\tilde{I}(t) + \tilde{R}(t)}{R(t)} \frac{T}{\tilde{F}(t)}.
\]  

(29)

On the right-hand side of the last expression, the expected value of \( \tilde{I}(t) + \tilde{R}(t) \) can be calculated as

\[
\bar{I}(t) + \bar{R}(t) = \int_0^t \int_0^t \bar{J}(\tau, \tau', t) \bar{\xi}(\tau, \tau', t) d\tau d\tau'.
\]  

(30)

where \( \bar{J}(\tau, \tau', t) \) is the fraction of infected individuals who are removed by time \( t \) and who may have infected others at time \( \tau' \leq t \). \( \bar{J}(\tau, \tau', t) \) can be written as

\[
\bar{J}(\tau, \tau', t) = \frac{\tilde{J}(\tau, \tau') - \tilde{J}(\tau + t - \tau', t)}{\tilde{J}(\tau, \tau')}
\]  

(31)

\[
= \frac{\Psi(t) - \Psi(\tau + t - \tau')}{\Psi(\tau)},
\]

where \( \tilde{J}(\tau, \tau', t) \) is the rate of new infections at time \( t' \), \( \tilde{J}(\tau') \) is the rate of new infections at time \( \tau' \), and \( \tilde{J}(\tau + t - \tau', t) \) is the rate of new infections at time \( t' \). Figure 6 illustrates how the new infection rate at time \( t' \) depends on the rate of new reported infections at time \( t' \) and \( \tau \).

\[ \hat{J}(\tau, \tau') = \bar{J}(\tau') \psi(\tau), \]

(32)

Substituting the expressions of \( \bar{J}(\tau, \tau', t) \) and \( \bar{J}(\tau', t') \) in Eq. (30) we obtain

\[
\hat{J}(\tau, \tau') = \int_0^\tau \bar{J}(t, t') \phi(t, t') d\tau.
\]

(33)

Notice that the right-hand side depends only on the rate of new infections, \( \tilde{J}(t) \), and disease transmissibility [represented by \( \phi(t, t') \)]. It is also important to notice that the outcome of Eq. (29) is invariant under \( J(t) \rightarrow 0 \), where \( J(t) \) is rate of new reported cases. Finally, we notice that for a disease with the constant removal function, \( \lambda = 0 \), \( \tilde{J}(\tau + t - \tau', t) = \tilde{J}(\tau') \psi(\tau) \psi(\tau') \). Therefore, \( \tilde{J}(t') + \tilde{R}(t') = \tilde{R}(t) \).

Thus, \( \bar{J}(\tau, \tau') \) depends on the underlying contact network and certain characteristics of the disease. For example, if we assume that we know the rate of new infections up to time \( t \) \( [J(s), s \leq t] \), the average excess degree of the underlying contact network, \( Z_\alpha \), and the removal time density, \( \psi(\tau) \), we can calculate an estimator of \( \hat{R}_0 \) as follows.

1. Evaluate the conditional distribution of the removal time given that it occurred before time \( t \), \( \psi(\tau, t) \), using Eq. (24) and \( J(t) \).

2. Calculate \( \hat{T}(\tau, t) \) by equating the left- and right-hand side of Eq. (27). We should use Eq. (25) to evaluate the left-hand side of (27). It is worth mentioning that since we use only one equation, we can estimate only one parameter. This means that we must assume a functional form \( \hat{T}(\tau, t) \) that depends on, at most, one parameter value. For example, we could assume that \( \hat{T}(\tau, t) = \hat{T}(\tau) \hat{A}(t) \), where \( \hat{A}(t) \) denotes the dependence of the transmissibility on the age of infection and \( \hat{A}(t) \) denotes an amplitude effect that captures the stochasticity of the transmissibility as a function of time. Assuming that \( \hat{T}(\tau) \) is given, then \( \hat{T}(\tau, t) \) depends only on the multiplicative parameter \( \hat{A}(t) \).

3. Calculate an estimator of the expected transmissibility, \( \hat{T}(t) \), using \( \hat{T}(\tau, t) \), \( \psi(\tau) \) and Eq. (3). Notice that the dependence of \( \hat{T}(t) \) on \( t \) denotes that we are using only information up to time \( t \).

4. The estimated reproduction number at time \( t \) is given by \( \hat{R}_0(t) = \hat{Z}_\alpha \hat{T}(t) \).
The above algorithm can be modified depending on the information available for the estimation. For example, if there is enough empirical evidence to determine the distribution of the duration of infectiousness, as well as the recovery rate of individuals in advance, then the methodology can be used to shed light on the structure of the underlying contact network by estimating $Z_x$. Examples of this and other applications of the methodology are given below. But first, we demonstrate the theoretical aspects of our analytical framework. For more details please see Ref. [32].

V. NUMERICAL RESULTS

To test the framework presented so far, we performed epidemic spread simulations on the two networks introduced earlier (binomial and exponential) and in each case collected the “time series” of case counts resulting from the simulations.

A. Constant infectivity and removal functions

In Fig. 7, we present the basic reproduction number of the removed individuals, $R_0(t)$, as a function of the number of removed individuals, $R(t)$. The symbols show the results from direct counting during the simulation, whereas the lines show the results obtained from analytically evaluating [after setting $\hat{T}(\tau, t) = T(\tau)$ and $\hat{\Theta}(\tau, t) = \frac{dT}{dt}$ in the left- and right-hand sides of Eq. (27)] each of the terms in Eq. (27). The green (blue) and red (pink) colors correspond to the left- and right-hand side of Eq. (27), respectively. The small asymptotic deviation of our estimate for the exponential network comes from finite-size effects [28] (for more details, see Fig. 10).

The top panels of Fig. 8 show our estimated basic reproduction number (blue line) for the binomial (left panel) and exponential (right panel) networks as a function of the number of removed individuals available by time $t$. The true values (red line) are $R_0 = 1.6864$ and $2.3749$, respectively. For comparison, the figure also shows the $R_0$ estimates obtained from equation Eq. (18), which is equivalent to the Wallinga-Lipsitch (WL) methodology. To compute the WL estimates, we require knowledge of the epidemic exponential phase’s growth rate ($\alpha$). For each simulation, we estimated $\alpha$ from the logarithm (base $e$) of the cumulative incidence using simple linear regression and a window of four units of the time of data for each time point. The figure shows that, in both cases, our estimator converges and becomes stable quicker than the WL estimator. This is because our methodology does not make an explicit assumption of exponential-epidemic growth and is therefore able to incorporate and appropriately weight the information from the stochastic phase of the epidemic. The bottom panels of Fig. 8 show the number of removed individuals by time $t$ (logarithmic scale, base 10). The red line shows the number of removed individuals from a realization of the epidemic process and the black line shows the theoretical exponential phase of the epidemic process.

In order to assess the variability of our estimator, we simulated 100 different realizations of the epidemic process and then estimated the value of $R_0$ for each of them. Figure 9 shows the mean estimated value plus or minus 1 standard deviation (averaging across realizations) for each network. Notice that the variability for the exponential network is larger than for the binomial network. We attribute this to the fact that the exponential degree distribution has a larger variance. In addition, the $R_0$ estimate for the exponential network also appears to have a negative bias. As mentioned above, we attribute this phenomena to finite-size effects, which are stronger for this network in comparison to the binomial.
It is worth noting that $T(t)$ is a function of $\lambda_i(\tau), \lambda_r(\tau),$ and $J(t)$ [see Eqs. (3), (24), and (25)]. Therefore, when $\lambda_i$ is constant, the condition $T(t)Z_x = 1$ allows one to evaluate, for a given time series, one of the three quantities $\lambda_i, \lambda_r,$ or $Z_x$, if the other two quantities are assumed to be known [this statement holds even if $\lambda_i$ is a function of time, in which case the more complex equation, (27), should be used].

For instance, we simulated again the epidemic on the binomial and exponential networks presented earlier, but this time with constant values for $\lambda_i$ and $\lambda_r$. Using these values and the derived and calculated $J(t)$, we calculated the value of $Z_x$, which is presented in Fig. 10 for the binomial (left panel) and exponential (right panel) networks. The green lines show our estimates using the above condition, while the red lines represent the true values. The blue symbols indicate the result of the direct count from the simulation. It is interesting to note that the excess degree of infected individuals in the simulation very quickly tends to the average value for the binomial network. This explains, in part, the excellent agreement of our estimate and the true basic reproduction number for the binomial network shown in Fig. 8. However, for the exponential network, the excess degree of infected individuals in the simulation has a higher variability and does not agree as well with the corresponding average excess degree. This is mainly due to finite-size effects, which, in this case, cause an excess degree of infected individuals lower than the average value. And, in turn, this produces biases in the estimation of $R_0$, like those shown in Fig. 8, and emphasizes the importance of heterogeneity effects for a network such as the exponential. Finally, we should mention that all the discrepancies discussed above can be removed, or at least reduced, if one incorporates the true average excess degree from the simulation (blue dots) in Eq. (25), instead of
a theoretical average excess degree. This could be done if detailed data on the transmission chain and the contacts of infected individuals during an epidemic were available.

**B. Time-dependent infectivity and removal functions**

As another example, we use time-dependent infectivity and removal functions to simulate the epidemic process. Specifically, we assume that 

\[ \lambda_i(t) = \frac{\lambda_i}{1 + \tau^2} \] 

and 

\[ \lambda_r(t) = 2\tau/(1 + \tau^2) \]  

These choices lead to the following expressions for 

\[ T(t) \] 

and 

\[ \Psi(t) \] 

\[ = 0.5\tau^2/(1 + \tau^2) \]  

and 

\[ \Psi(t) = 1/(1 + \tau^2) \]  

[or \( \psi(t) = 2\tau/(1 + \tau^2)^2 \)]

Figure 11 shows the estimated reproduction number for the binomial (left panel; \( z_1 = 5 \)) and exponential (right panel; \( \kappa = 4 \)) networks in terms of the number of removed individuals. The real values in this case are 1.25 for the binomial and 1.76 for the exponential network. The true values are shown in red and the estimated values in green.

![Figure 9](image1.png)

**FIG. 9.** The estimated basic reproduction number for the binomial (left panel: \( z_1 = 5, \lambda_i = 0.12771, \) and \( \lambda_r = 0.25 \)) and exponential (right panel: \( \kappa = 4 \)) networks in terms of the number of removed individuals. The red line corresponds to the real value of the basic reproduction number. The blue area shows the variation of the estimated value for a hundred different realizations.

![Figure 10](image2.png)

**FIG. 10.** Estimates for the value of \( Z_x \) for the binomial (left) and exponential (right) networks, when \( \lambda_i \) and \( \lambda_r \) are known. The red line and green curves correspond to the average and the estimated excess degree.

As discussed above, the estimation of the basic reproduction number is performed as follows [assuming that \( \lambda_i(t) \) and \( Z_x \) are known]. First, for each \( t \), we use Eq. (27) with 

\[ \bar{T}(t, \tau) = \frac{\bar{A}(t)}{1 + \tau^2} \] 

and 

\[ \bar{\Theta}(t, \tau) = \frac{2\bar{A}(t)}{(1 + \tau^2)^2} \]  

and then find the \( \bar{A}(t) \) so that the left- and right-hand sides of the equation are equal. Second, we use the calculated \( \bar{A}(t) \) to obtain the expected transmissibility using Eq. (3). Finally, we calculate the basic reproduction number, \( R_0 = Z_x T \). This approach can be used for a specific disease to find the amplitude of the infectivity function, \( \bar{A}(t) \), assuming we know the dependence of \( \Theta(t, \tau) \) [or \( \bar{T}(t, \tau) \)] on the age of
infection, $\tau$. Figure 11 also shows the estimated values of $R_0$ that we get if we assume (erroneously) instead that either $\lambda_i$ is constant (blue curve) or that both $\lambda_i$ and $\lambda_r$ are constant (pink curve). The results show that although the methodology is sensitive to misspecifications in the functional forms of $\lambda_i$ and $\lambda_r$, the estimated $R_0$ values are still relatively close to the true value.

C. Sensitivity analysis

Figure 12 shows the sensitivity of the estimated reproduction number to misspecifications of the excess degree. To test this, we vary the assumed excess degree between 4 and 6 for the binomial network (true value equal to 5) and between 6.04 and 8.04 for the exponential network (true value equal to 7.04). The results show that although we assumed a misspecification in the excess degree of up to 20% for the binomial and up to 14.2% for the exponential network, the estimates had an error of at most 3% and 3.1%, respectively. As described earlier in the description of the algorithm, we can use Eq. (27) to estimate one model parameter, in this case $\lambda_i$. Then we can use its value to evaluate the expected transmissibility and following that,
the expected reproduction number [the first identity in Eq. (29)]. This shows the usefulness of Eq. (27), which acts as a strong constraint that allows us to estimate the basic reproduction number with good precision regardless of misspecification in other input parameters.

VI. DISCUSSION

Using concepts from network theory and stochastic processes, we present a method that provides a reliable estimate of the basic reproduction number, \( R_0 \). Our method takes into account the stochasticity in disease spread and does not make an explicit assumption about exponential epidemic growth and therefore is able to provide estimates of \( R_0 \) at an early stage of an outbreak (i.e., before the exponential regime). We provide the details of calculations and compare our results at each step against simulations. Case notification data (time series) are the main input to this analytical framework. As an outbreak begins to unfold, the pattern of spread depends substantially on the structure of the underlying contact network. In fact, this dependency manifests itself in the formation of the time series of newly infected cases. The proposed methodology highlights the interplay between the heterogeneity in contacts (network structure), estimates of the basic reproduction number, and infection transmissibility. Depending on the circumstances, this methodology can be used to infer other useful quantities as well. For infectious pathogens that cause repeated outbreaks, there is enough empirical evidence to establish the distribution of the duration of infectiousness as well as the recovery rate of individuals. In this case, in addition to the basic reproduction number, the proposed methodology can shed light on the structure of the underlying contact network by estimating the mean excess degree \( Z_e \). This is an important piece of information, because in many circumstances it is not possible to capture and build a detailed contact network among individuals based on some network generative rules. The importance of this quantity becomes more apparent when an emerging infectious disease strikes a population. In this circumstance, there is much less information on the characteristics of the disease such as the duration of infectiousness and recovery rate, which in turn determine the transmissibility of disease. Knowledge of disease transmissibility during the early stage of an epidemic can play a crucial role, as effective and cost-effective public health intervention strategies hinge on the degree of contagiousness of a disease. On the other hand, before the spread of disease becomes rampant, the structure of the contact network within a population remains more or less stable. Therefore, the estimated value of \( Z_e \) obtained during epidemic lulls, from the time series corresponding to common infections, can be used to estimate the transmissibility of an emerging infectious disease at the early stage of an outbreak. We demonstrated this concept with two examples. Our estimate for the basic reproduction number converges quickly, thus enabling epidemiologists and policymakers to identify the optimal control strategies, in real time and even before or at the beginning of the exponential growth of an epidemic.

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APPENDIX: SIMULATION ALGORITHM

To perform Monte Carlo simulations of an epidemic propagation on a contact network, one first requires explicit knowledge of the network structure. In this article, we use the method described in [27,28] to produce a contact network, given a specific degree distribution. Briefly, we (i) sample a random degree sequence \( k_j \) of length \( N \) from the degree distribution \( p_k \), (ii) make sure that \( \sum k_j \) is an even number since a link is composed of two stubs by reducing the degree of a random individual by one if necessary, (iii) for each \( j \), produce a node with \( k_j \) stubs, (iv) randomly choose a pair of unconnected stubs and connect them together, and repeat until all unconnected stubs are exhausted. Finally, we (v) test for the presence of self-loops and repeated links. Remove the faulty stubs by randomly choosing a pair of connected stubs and rewire them by switching stubs. Repeat until no self-loops and/or repeated links are found.

To simulate the spread of disease on a contact network in continuous time we follow a Tau-Leaping approach [33–35], which we describe below. The processes of disease transmission along one link and the removal of infectious individuals are controlled by \( \lambda_i(\tau) \) and \( \lambda_r(\tau) \), respectively. We divide time into intervals of length \( \Delta t \) and ensure that \( \lambda_j(\Delta t) \) and \( \lambda_j(\Delta t) \Delta t \) are small enough, such that the expected epidemic curve does not vary much by reducing \( \Delta t \) even further. At every \( \Delta t \) step, each infectious individual recovers with probability \( \lambda_i(\tau) \Delta t \), where \( \tau_j \) is the age of infection of individual \( j \). If an infectious individual does not recover, then he or she infects independently each of his or her susceptible contacts with probability \( \lambda_j(\tau) \Delta t \).

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